



Predictive Coaching

UESCA & USAT Certified Coach · Endurance Sports Nutritionist
coach@predictive-coaching.com | predictive-coaching.com

Science-based triathlon coaching driven by regression modeling software. Race analytics, course data, and current fitness metrics combined to show exactly where you stand — and what it takes to close the gap.

Triathlon Coaching

\$199 / month

Structured multisport training powered by Predictive Coaching analysis. Tailored to your schedule, race-day strategy, and ongoing plan adjustments.

\$249 / mo with Sports Nutrition (save \$25)

Run Coaching

\$149 / month

Single-discipline coaching for marathoners, half-marathoners, trail runners, and time-goal-chasers. Same analytic rigor — course profiles, threshold benchmarks, gap analysis.

\$199 / mo with Sports Nutrition (save \$25)

Sports Nutrition Add-On

\$75 / month

Race-day fueling, daily nutrition guidance, and supplement review — available as an add-on to any coaching plan.

Race Needs Analysis

\$69 / report

Standalone report. Provide your current fitness thresholds and target event — receive a regression-modeled gap analysis with per-split breakdowns.

Race Needs Analysis — Coach Rate

\$45 / report

Volume pricing for coaches sending multiple athletes. Same full analysis, same deliverable.



Coaching subscriptions are month-to-month. Cancel any time. Rates effective 2026; pricing subject to change.

predictive-coaching.com